

## FREQUENTLY ASKED QUESTIONS

Can I collect a stool sample from a diaper?

Yes, if this is the only way to get a patient's specimen. Avoid contamination with urine.

I accidentally got urine in the specimen. Is my specimen still good?

No, you will need to collect a new specimen. Don't be concerned as it is a very mild salt solution. As the volume of the liquid is part of the laboratory process, you will need to get a new vial from your physician.

There is blood in my stool. Is the sample still good?

If the blood is due to menstruation, you should wait to collect a specimen or use a tampon. If the blood was part of the stool and came from the bowel, it will be tested and does not interfere with the rest of the test.

What is the minimum specimen requirement for the test?

The level of fluid in the collection vial must be up to the FILL LINE indicated on the label. Begin with a very small amount of stool and add more until this requirement is met.

What could cause a sample to be refused?

Some reasons include:

- sample is too small (underweight)
- sample is more than 7 days old
- sample is not sealed properly
- sample contains urine

In addition, if the appropriate paperwork or patient identification is not included, the sample could be delayed in processing until this information is provided. Lack of payment information may also delay the processing of the specimen.



Be sure that **ALL ITEMS** have been filled in on the TRF (Test Request Form.) If any items on this list are missing, we cannot process your specimen.

### CHECKLIST

<input type="checkbox"/>	Clinician signature
<input type="checkbox"/>	Patient signature
<input type="checkbox"/>	Appropriate test checked (CHECK ONLY ONE)
<input type="checkbox"/>	Copy of insurance card or payment receipt (if purchased on website)
<input type="checkbox"/>	Location/practice name (if applicable)
<input type="checkbox"/>	Patient name and DOB on vial

## Ascenda BioSciences

2001 Westside Pkwy, Ste 240  
Alpharetta, GA 30004

Customer Service: (678) 580-0613 Option 2



## STOOL COLLECTION KIT INSTRUCTIONS



Please read this entire instruction pamphlet before proceeding with your stool specimen collection.

For more information, go to our website at:  
[www.ascendabio.com](http://www.ascendabio.com)

Or call us Mon - Fri, 8am to 5pm Eastern Time  
at (678) 580-0613

# THE STOOL COLLECTION KIT INCLUDES



# INSTRUCTIONS

## STEP 1 PLACE TOILET HAT ON BOWL

The toilet hat is a device that is used to catch the stool so it does not come into contact with toilet water. To put the hat in place, lift up the toilet seat, place the toilet hat towards the back of the toilet bowl, and then close the toilet seat over it. (See the toilet hat placement pictures.)



Place the toilet hat towards the back of the toilet bowl

## STEP 2 PERFORM BOWL MOVEMENT

Correct Placement →



Position yourself on top of the portion of the toilet bowl covered by the hat. Proceed with bowel movement. Do not allow urine to contaminate the stool sample.

## STEP 3 SCOOP STOOL INTO VIAL

Remove the cap from the specimen vial. Do not empty the solution from the vial. There is a small shovel-like tool attached to the cap (see pic below.) Put on the disposable gloves. Scoop a small bit of stool and place into container.



Fill the specimen vial to the 'FILL LINE' →  
Once vial is filled, screw cap back onto vial and be sure it is tightly sealed. Shake the tube for 15 seconds



## STEP 4 PLACE VIAL IN BIOHAZARD BAG

Place the filled specimen vial into the zip-lock bio-hazard bag. Be sure the zip-lock is sealed to prevent any spillage during transport. Dispose of the gloves and toilet hat into the trash. Wash your hands thoroughly. **DO NOT** freeze the specimen.

## STEP 5 RETURN THE SPECIMEN

**IF YOU RECEIVED THE STOOL COLLECTION KIT FROM YOUR PHYSICIAN,** return it to their office as soon as possible.

**IF YOUR PHYSICIAN INSTRUCTS YOU TO SHIP THE SPECIMEN FROM HOME OR YOU PURCHASED THE TEST FROM THE DRG LABORATORY WEBSITE,** place the sealed bio-hazard bag into the included shipping box. Place the box and the COMPLETED test form into the shipping envelope (USPS or FedEx clinical bag) and seal it. Record the tracking number located under the barcode on the shipping label in the box below for future reference in case of missing shipment:



USPS and FedEx tracking numbers are located below bar code



Provide your package to FedEx, UPS or US Postal based on what you were provided.